

Curriculum Vita

Name	Eqbal Mohammad Al-Farajat
Nationality	Jordanian
Present Address	Princess Aisha Bint Al Hussein College for Nursing, Al-Hussein Bin Talal University, Jordan, Ma'an Postal Code: 71111 P.O. Box 20 Phone: 00962 32179000 Fax: 00962 32179050 Email: ahu@ahu.edu.jo
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Qualifications:

2020	PhD Maternity and Neonatal Nursing The university of Jordan, Jordan Dissertation title " The Effect of Childbirth Education Program (CE) on Childbirth Self Efficacy, Fear of Childbirth, and Prenatal Anxiety Among Jordanian Pregnant Women in Southern Jordan "
2016	Master degree in Maternity and Neonatal Nursing Jordan university of science and technology, Jordan Thesis title " The Impact of Socio-Cultural Factors on The Development of Postnatal Anxiety Among Jordanian Women "
2011	Bachelor of Science in Nursing Jordan university of science and technology, Jordan

Work experiences:

Date	Title and Institution
Sep, 2020 to present	Assistant professor, Princess Aisha Bint Al Hussein College for Nursing and Health Sciences, Al-Hussein Bin Talal University
2012- 2014	Clinical instructor, Princess Aisha Bint Al Hussein College for Nursing and Health Sciences, Al-Hussein Bin Talal University Maan, Jordan
Since 2023	A reviewer in Jordan Journal of Nursing Research (JJNR)
2024	Head of the Nursing Department
2024	A member in Jordanian Nursing and midwifery Licensure Exam committee/ JNC
2025- 2026	Head of the maternal and child health nursing department
2025-2026	Vice Dean of Princess Aisha Bint Al Hussein College for Nursing

Publications in Peer Reviewed Journals

Khitam Mohammad, **Eqbal Al-Farajat**, Debra Creedy & Jenny Gamble (2019):
Sociocultural factors associated with the development of postnatal anxiety symptoms

Eqbal Mohammad Alfarajat, Areej Othman, Inaam Khalaf (2020):
The Translation of Perinatal Anxiety Screening Scale (PASS) into Arabic

Doa'a Abdullah Dwairej, Hala Mahmoud Obeidat, **Eqbal Mohammad Alfarajat**, and Lubna Abdullah Dwairej (2022):
Translation and Psychometric testing of the Arabic version of The Problematic Media Use Measure-Short Form for Children.

Heyam Al-Aaraj, Khaldoon Aied alnawafleh , Eqbal Mohammad Alfarajat, Aida

Theeb Mohammed, Ayman A.R. Ghatasheh (2023):

Knowledge, Attitudes, and Practices Regarding Infection Prevention towards COVID-19 Pandemic among Intensive Clinical Training Nursing Students at Al-Hussein bin Talal University

Lubna Abdullah Dwairj(2025) , Eqbal Mohammad Alfarajat Doa'a Abdullah Dwairj,
Predictors of Screen Media Use among Children Aged 3 - 13

Eqbal Mohammad Alfarajat , Areej Othman , Mohammad Saleh, Doa'a Dwairej , Sahar Al-Shuqerat, Asma Basha & Inaam Khalaf , (2026)
The Effect of a Childbirth Education Program on Childbirth Self-Efficacy and Fear of Childbirth

Honors and Awards

- Full Scholarship from Al-Hussein Bin Talal University, Ma'an, Jordan to study master and Ph.D. in maternal and neonatal nursing

Professional memberships

- **A member in Share-Net International (2021-2024)**
- Jordan Nurses And Midwives Council

Workshops, Courses and Scientific Conferences

- (2013), *Qualitative Research Methods, Methodologies and Analysis, Workshop*
- (2018), "*Increasing Nursing Awareness about Their Roles in Health Policy Making Process*" **Workshop.**
- (2021), *Course Syllabus and Course File Preparation, Course.*
- (2021), *Recent Trends in Teaching, And University Classroom Management, Course.*

- (2021), *Fundamentals of academic quality assurance*, **Course**.
- (2021), *Training of Trainee in Reproductive Health*, **Workshop, Royal Health Awareness Society Certificate**.
- (2022), parents guide in providing reproductive health to adolescents, **workshop at AHU, share-net community**

Courses Taught:

- Maternal Health Nursing
- Maternal Health Nursing (clinical)
- Fundamental of nursing (clinical and theory courses)
- Health assessment (clinical)
- Trends, issues and ethics in nursing
- Health education and communication in nursing
- Advanced nursing research for master students
- Nursing of Gerontology and individuals with special needs and rehabilitation

Thesis Advisor:

Quality of Sleep and Its Associated factors Among Critical Care Nurses in

Jordan: A Cross-sectional Study. At Al-Hussein bin Talal University. BY Rezan Bani-Bkar. (2023).

Nurses and Families' Perception Towards Patient And Family – Centered Care At Intensive Care Units In Jordan. At Al-Hussein bin Talal University. BY

Shrouq S. al Naimat. (2024).

The Effect of an Educational Intervention on Knowledge and Attitudes Toward End-of-Life Care Among ICUs Nurses in South Jordan. By Sandra Eid Issa Al-Nawafleh. (2025)

Member in Thesis discussion:

External examiner (member) in Thesis discussion committee at Mutah University (The prevalence and determinants of postpartum depression among women in Ma'an

Governorate. A cross-sectional study) in maternal and child health nursing master program (2025). Student name: Saeda Gabbaa. Supervisor: (Dr. Reham Alkhresheh).

External examiner (member) in Thesis discussion committee at Mutah University (Nutritional knowledge, attitude and practice among pregnant women in Southern Jordan: A cross -sectional study) in maternal and child health nursing master program (2025). Student name: Yaqeen Altrawneh. Supervisor: (Dr. Reham Alkhresheh).

External examiner (member) in Thesis discussion committee at Mutah University (Prevalence, Severity, and Self-Management Strategies of Premenstrual Syndrome Among University Students: A Cross-Sectional Study) in maternal and child health

nursing master program (2025). Student name: Anoud Alblewi. Supervisor: (Dr. Arwa Sarayreh).

Internal examiner (member) in Thesis discussion committee at AHU University (Critical care nurses knowledge, attitude, and practices regarding fall prevention at the southern of Jordan hospitals) in critical care nursing master program (2024). Student name: Wajdi Al-rwashdeh. Supervisor: (Dr. Doaa Dweirj).

Internal examiner (member) in Thesis discussion committee at AHU University (The Effectiveness of Training Sessions about Glasgow Coma Scale (GCS) and Full Outline of Un-Responsiveness (FOUR) Score on Jordanian ICU Nurses Knowledge and Practice) in critical care nursing master program (2023). Student name: Ahmad Al- nwafleh. Supervisor: (Dr. Heyam Al-Aaraj).

Internal examiner (member) in Thesis discussion committee at AHU University (Nursing knowledge about delirium among ICU nurses in Jordan) in critical care nursing master program (2023). Student name: Farah Tarawneh. Supervisor: (Dr. Ahmad Alrawashdeh).

Internal examiner (member) in Thesis discussion committee at AHU University (Critical care Nurses Level of Knowledge, and Perceived Barriers, regarding the prevention measures of Ventilator- Associated Pneumonia a pre- post test) in critical care nursing master program (2023). Student name: Al-Rabab Neamat. Supervisor: (Dr. Mohammed Bani Younis)

External examiner (member) in Thesis discussion committee at Mutah University (Experience- based decision making of surgical treatment of women with early breast cancer in Jordan) in maternal and child health nursing master program (2022). Student name: Noor Alhuda Almaaytah. Supervisors: (Dr. Deema Mahasneh and Dr. Arwa Sarayreh).

External examiner (member) in Thesis discussion committee at Mutah University (Motherhood and Reproductive Health during Hemodialysis: Women's Experience in Jordan) in maternal and child health nursing master program (2022). Student name: Ibtihal Al-harasees. Supervisors: (Dr. Deema Mahasneh and Dr. Arwa Sarayreh).