

Curriculum Vitae

Ahmad Bahjat Ahmad Al-Rawashdeh / Associate Professor

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Education:

May 2006

PhD in Mental Health Nursing with an emphasis in Pediatric Psychiatry
Case Western Reserve University. Cleveland, OH / USA

Dissertation title "Psychosocial Characteristics of Youth Who Run Away from Home"

August 1995

M.SC in Nursing with an emphasis in Nursing Education
University of Jordan. Amman / Jordan

June 1989

B.S. in Nursing
University of Jordan. Amman / Jordan

Professional Experience:

Oct. '23- now

Associate Professor/Department of Nursing/Princess Aisha Bint Al-Hussein College of Nursing and Health Sciences. Al-Hussein Bin Talal University. Ma'an / Jordan – Promoted to Associate Professor on October 10, 2023

Oct. '17- Oct. '23

Assistant Professor/Department of Nursing/Princess Aisha Bint Al-Hussein College of Nursing and Health Sciences. Al-Hussein Bin Talal University. Ma'an / Jordan

Aug. '14 – Jul. '17

Head of Nursing Department/School of Applied Medical Sciences. Al-Ghad International Colleges for Applied Medical Sciences. Buraydah / Al-Qassim / Saudi Arabia

Feb. '13 – June. '14

Head of Nursing Department/School of Applied Medical Sciences. Buraydah
Private Colleges. Buraydah / Al-Qassim / Saudi Arabia

Sep. '06 – Feb. '13

**Assistant Professor/Head of Department of Community and Mental Health
Nursing.** Hashemite University. Zarqa / Jordan

Nov. '98 – Aug. '02

Head Nurse. Al-Amal Cancer Center. Amman /Jordan

May '98 – Sep. '98

Staff Nurse. Arab Center for Heart and Special Surgery / CCU. Amman / Jordan

March '94 – Nov. '97

Staff Nurse. Jordan University Hospital. Amman / Jordan

June '92 – Feb. '94

Nursing Supervisor. Palestine Hospital. Amman / Jordan

Sep. '89 – Aug. '91

Staff Nurse. Qurayat General Hospital. Qurayat / Saudi Arabia

Professional Training & Courses:

Oct. '99 – Apr. '99	Oncology Nursing. University of Jordan. Amman / Jordan
Oct. '99 – Apr. '00	Organizational Behavior Performance. University of Jordan. Amman / Jordan
Mar. '99 – Jul. '99	Relating to Patients and their Families. University of Jordan. Amman / Jordan
July '99	ECG Interpretation. Islamic Hospital. Amman / Jordan
July '99	CPR. Islamic Hospital. Amman / Jordan
Nov. '06 – Dec. '06	10 th Technology in Education and Academic Evaluation Workshop. Hashemite University. Zarqa / Jordan
Feb. '07	Blackboard Workshop. Hashemite University. Zarqa / Jordan
Nov. '15	5 th Innovation in Critical Care Nursing Symposium. Prince Sultan Cardiac Center. Buraydah / Al-Qassim / Saudi Arabia
Apr. '19	Foundations of Accurate Teaching Process. Al-Hussein Bin Talal University. Ma'an / Jordan

Apr. '19	Preparing and Analyzing Electronic Questionnaires. Al-Hussein Bin Talal University. Ma'an / Jordan
Mar. '21	Classroom Management and Recent Trends in Teaching. Al-Hussein Bin Talal University. Ma'an / Jordan
Mar. '21	Course portfolio and study plan preparation. Al-Hussein Bin Talal University. Ma'an / Jordan
Mar. '21	Public health and social measures in the context of the covid-19 pandemic: adherence issues in the North Africa and Middle East region. Istituto Superiore di Sanità with MediLabSecure and MediPIET networks / Italy in collaboration with Africa CDC
Apr. '21	Fundamentals of Academic Quality Assurance. Al-Hussein Bin Talal University. Ma'an / Jordan
July '22	Use of plagiarism examination platform (Turnitin). Al-Hussein Bin Talal University. Ma'an / Jordan
Aug. '22	Introduction to using LaTeX software in research writing. Al-Hussein Bin Talal University. Ma'an / Jordan
Mar. '23	Legislations governing the work of a faculty member at Al-Hussein Bin Talal University. Al-Hussein Bin Talal University. Ma'an / Jordan
Mar. '23	ChatGPT in academia: Opportunities and risks. Al-Hussein Bin Talal University. Ma'an / Jordan
Dec. '24	AI tools in academia. Al-Hussein Bin Talal University. Ma'an / Jordan
Feb. '25	Ethics in academia. Al-Hussein Bin Talal University. Ma'an / Jordan

Published papers

Al-Modallal, H., Abuidhail, J., Sowan, A., & Al-Rawashdeh, A. (2010). Determinants of depressive symptoms in Jordanian working women. *Journal of Psychiatric and Mental Health Nursing*, 17 (7), 569-576.

Hamaideh, S., Al-Khateeb, R., & Al-Rawashdeh, A. (2010). Overweight and obesity and their correlates among Jordanian adolescents. *Journal of Nursing Scholarship*, 42 (4), 387-394.

Al-Modallal, H., Sowan, A., Hamaideh, S., Peden, A., Al-Omari, H., & Al-Rawashdeh, A. (2012). Psychological outcomes of intimate partner violence experienced by Jordanian working women. *Health Care for Women International*, 33 (3), 217-227.

AlBashtawy, M., Al-Azzam, M., Al-Rawashdeh, A., Batiha, A., Bashaireh, I., & Suleiman, M. (2015). Workplace violence toward emergency department staff in Jordanian hospitals: A cross-sectional study. *The Journal of Nursing Research*, 23 (1), 75-81.

Bani Younis, M., Al-Rawashdeh, A., & Alnjadat, R. (2019). The effect of palliative

care intervention program on the quality of life among Jordanian caregivers of cancer patients. *Home Health Care Services Quarterly*, 38 (4), 286-296.

Al-Rawashdeh, A., Alnjadat, R., Dabbour, R., &Bani Younis, M. (2020). Prevalence and correlates of psychological stress among first-year undergraduate students in south of Jordan. *Psychology and Education*, 57 (3), 173-177.

Al-Rawashdeh, A., Alnjadat, R., Bani Younis, M., Rayan, A., Harb, A., &Al-Aaraj, H. (2021). Cultural misconceptions about mental illness and public stigma against patients diagnosed with mental illnesses among Jordanian university students. *Indian Journal of Forensic Medicine and Toxicology*, 15 (2), 1873-1878.

Bani Younis, M., Al-Rawashdeh, A., Rubbai, Y., Alsayeh, A., &Jaradat, A. (2021). Effectiveness of mindfulness meditation on perceived stress reduction among new university students. *International Journal of Pharmaceutical Research*, 12 (4), 4778-4786.

Alnjadat, R., &Al-Rawashdeh, A. (2021). Confounding factors affecting the emotional intelligence amongst Jordanian nursing and midwifery undergraduate students during the COVID-19 pandemic's outbreak: A cross-sectional study using USMEQ-i. *Frontiers in Psychology, section Educational Psychology*, 12:770261. doi: 10.3389/fpsyg.2021.770261.

Alnjadat, R., Al-farajat, L., Al Hadid, L., Jaradat, H., &Al-Rawashdeh, A. (2022). Confounding factors affecting the sleep quality among international students during the lockdown. *Journal of Positive School Psychology*, 6 (6), 6241-6248.

Al-Rawashdeh, A., Alnjadat, R., &Khraisat, A. (2023). Predictive factors contributing to strain and burden among Jordanian caregivers. *Iranian Journal of Nursing and Midwifery Research*, 28, 482-484.

Alnjadat, R., Al-Rawashdeh, A., Almutairi, F., &Shahin, M. (2024). The Effects of the COVID-19 Pandemic on the Clinical Practicum of Undergraduate Nursing and Midwifery Students in Jordan: A Descriptive Survey. *SAGE Open Nursing*, 10, 1-12. doi:10.1177/23779608241246877.

Published books

Al-Rawashdeh, A.B. (2009). *Runaway Youth: Psychosocial Characteristics*. Berlin: VDM Verlag.

Accomplishments:

May '00

Letter of Appreciation and Recognition from Director General at Al-Amal Cancer Center for “managerial and administrative skills”

June '07	Letter of Appreciation and Recognition from President of the Hashemite University for “academic excellence”
Sep. '15	Letter of Appreciation and Recognition from Dean of Al-Ghad International Colleges for Applied Medical Sciences. Buraydah / Al-Qassim / Saudi Arabia for “academic excellence”
Nov. '17	Letter of Appreciation and Recognition from Dean of Princess Aisha Bint Al Hussein College for Nursing and Health Sciences. Ma'an / Jordan for lecturing on “child psychological development theories” on 2017 Children’s Day
.	Received several certificates of attendance and participation in many nursing conferences and scientific days held in Amman / Jordan
Feb. '20	Letter of Appreciation and Recognition from Dean of Princess Aisha Bint Al Hussein College for Nursing and Health Sciences. Ma'an / Jordan for organizing “blood donation campaign”
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Languages:

Fluent in Arabic
Excellent reading in English, excellent in writing and speaking

Computer Literacy:

Very good computer skills in Microsoft Word, XP and PowerPoint
Confident in the use of peripheral equipment such as scanners and digital cameras
Able to use the Internet, e-mail and have advanced editing knowledge
Excellent in e-learning and e-exams
Have ICDL certificate

Personal Information:

Date of Birth: 27/06/1966	Place of Birth: Amman / Jordan
Nationality: Jordanian	Marital Status: Married

Thesis Advisory:

- 1- Nursing knowledge about delirium among ICU nurses in Jordan
- 2- Medication Errors: Knowledge, attitudes, behavior and training needs among critical care nurses in the south of Jordan
- 3- PERCEPTION OF NURSES TOWARD FAMILY COLLABORATION AND INVOLVEMENT IN PATIENT CARE IN THE CRITICAL CARE UNIT

- 4- The Impact of Hyperbaric Oxygen Therapy on Foot Ulcers and Neuropathy Among Patients with Diabetes
- 5- CRITICAL CARE NURSES' KNOWLEDGE AND ATTITUDES TOWARD SLEEP PROMOTING INTERVENTIONS AMONG CRITICALLY ILL PATIENTS IN INTENSIVE CARE UNIT IN THE SOUTHERN REGION OF JORDAN

Papers working on:

- Educational Stress Among Jordanian High School Students Exploring the Associated Psychosocial Factors. Submitted to School Mental Health.
- An Evaluation of the Educational Stress Scale for Adolescents (ESSA)-A Validity and Reliability Study. Submitted to School Mental Health.
- Assessing the Effects of Cognitive Behavioral Therapy - CBT on Depression and Mood Regulation in Chronic Renal Failure Patients Receiving Dialysis Treatment: The Mediating Function of Electrolyte Imbalance.
- The Influence of Stress and Testosterone changes on Ejaculatory Control in Adult Males in Jordan.
- Quality of life of critical care nurses and impact on anxiety, depression, stress, burnout and sleep quality A cross-sectional study.
- ICU nurses feel unprepared to care for patients with mental illness A survey of nurses' attitudes, knowledge, and skills.
- Quantitative Analysis of the Intersection of Health Administration and Mental Health Nursing.