

# Dr. Muwafaq Al-Momani, PhD.

Al-Hussein Bin Talal University - Jordan

[m.al-momani@ahu.edu.jo](mailto:m.al-momani@ahu.edu.jo); [muwafaq.almomani@gmail.com](mailto:muwafaq.almomani@gmail.com) Tel: +962798440797

## EDUCATION

---

### **Yarmouk University**

B.Sc., Nursing

Irbid, JO

Sept 1984 - Jun 1988

### **University of Jordan**

M.Sc., Nursing Education:

Amman, JO

Sept 1997 - Jun 1999

Planning, Building and Evaluating educational programs for nurses in Jordan. This includes learning objectives, material content, teaching strategies. Research, Nursing theory courses taken were applied to real case studies present in the university hospital and other healthcare institutions. In addition to courses and case studies, I made contribution to ongoing research with the Supervising Professor. This was taken in addition to a full-time Nursing job and so many of the theories and knowledge was applied directly into the field.

### **University of Salford**

PhD, Adult Health Nursing:

Manchester, UK

Jan 2007 - April 2011

A research study was conducted on nurses' experience caring for men with sexual dysfunction in Jordan. It was a case study and included interviews with both patients and nurses in each selected site in the study. A major challenge was the cultural barriers with regards to men's sexual health in Jordan. In the study, nurses were asked about how they usually initiate discussion with patients. Similarly, patients were asked how they initiate discussions with nurses. It was a new perspective for nurses in Jordan on how to deal with sensitive problems in a culture like Jordan.

## COURSES TAUGHT (AHU)

---

- Anatomy and Physiology
- Adult Health Nursing
- Health Assessment and Physical Examination
- Fundamentals of Nursing
- Nursing Scientific Research
- First Aid
- Nursing Administration
- Ethics in Nursing
- Master nursing program – Acute adult health nursing

## EXPERIENCE

---

### **Al-Hussain Bin Talal University**

Teaching and supervising master students in acute adult critical nursing program

Ma'an, JO

Sept 2020-Now

### **Al-Hussain Bin Talal University**

Member of the editorial board of Al-Hussein University Journal

Ma'an, JO

Sept 2019 -2021

### **Al-Hussain Bin Talal University**

Associate Professor

Ma'an, JO

Jan 2018 –

	Now
<b>Al-Hussain Bin Talal University</b>	Ma'an, JO
Acting Dean of Princess Aisha Bint Al-Hussain Faculty of Nursing	Jun 2016 -Sept 2016
<b>Al-Hussain Bin Talal University</b>	Ma'an, JO
AHU Higher Education Committee member	Oct 2014-Sept 2016
<b>Al-Hussain Bin Talal University</b>	Ma'an, JO
Acting Dean of Princess Aisha Bint Al-Hussain Faculty of Nursing	Sept 2014-Dec 2014
<b>Al-Hussain Bin Talal University</b>	Ma'an, JO
Vice Dean of Princess Aisha Bint Al-Hussain Faculty of Nursing	Sept 2013-Sept 2018
<b>Al-Hussain Bin Talal University</b>	Ma'an, JO
AHU Research Committee member	Sept 2013-Sept 2014
<b>Al-Hussain Bin Talal University</b>	Ma'an, JO
Acting Head of Medical Laboratories and Radiology Department	Sept 2013-Sept 2014
<b>Al-Hussain Bin Talal University</b>	Ma'an, JO
Grad studies scholarship committee member (Nursing and Health Sciences)	Sept 2013-Sept 2014
<b>Al-Hussain Bin Talal University</b>	Ma'an, JO
Recruitment Committee member	Sept 2013-Sept 2014
<b>Al-Hussain Bin Talal University</b>	Ma'an, JO
University Committee Member	Sept 2012-Sept 2013
<b>Al-Hussain Bin Talal University</b>	Ma'an, JO
Head of Nursing Department	Sept 2012-Sept 2014
<b>Al-Hussain Bin Talal University</b>	Amman, JO
Assistant Professor	Jan 2012-Jan 2018
<b>Jerash Private University</b>	Jerash, JO
Assistant Professor	Oct 2011-Jan 2012
<b>NHS Trust Emergency Medical Service (Paramedics)</b>	Nottingham, UK
Nurse	April 2004-Jul 2011
<b>Granada College</b>	Irbid, JO
Lecturer	Oct 2000-Jun 2001
<b>Ministry of Health Jerash Hospital</b>	Jerash, JO
Theatre Supervisor, Educator and Surgical Nurse	Dec 1991-Sept 2003
<b>Al-Khalidi Hospital</b>	Amman, JO
Nurse, General Surgery, Intensive and Coronary Care	Mar 1991 - Dec 1991
<b>King Hussain Medical Centre</b>	Amman, JO
Nurse, Burn Unit	Sept 1990-Mar 1991
<b>Jordan University Hospital</b>	Amman, JO
Neurology ICU Nurse	Jan 1990-Sept 1990
<b>Royal Jordanian Air Force</b>	Amman, JO
Emergency Paramedic Clinic Nurse	Jan 1989-Jan 1990

## OTHER EXPERIENCE

### External Examiner (Graduate studies)

- |   |              |
|---|--------------|
| • Jordan University of Science and Technology         | Irbid, JO    |
| ▪ Faculty of Applied Medical Sciences – Public health | May 2015     |
| ▪ Faculty of Applied Medical Sciences - Public health | June 2020    |
| ▪ Faculty of Applied Medical Sciences - Public health | June 2021    |
| • Al-Zaytoonah University                             | Amman, JO    |
| ▪ Faculty of Nursing                                  | Aug 2019     |
| • University of Jordan                                | Amman, JO    |
| ▪ Faculty of Nursing                                  | Dec 2019     |
| • Al-Zarqa Private University                         | Al-Zarqa, JO |
| ▪ Faculty of Nursing                                  | Nov 2020     |

### Journal Reviewer

- International Journal of Radiation Research
- Nurse education in Practice (Elsevier)  
(International Advisory Board)
- Journal of Men's Health
- iPubMed Journals – Journal of Biomedical Science
- Health Expectations 2021- International Journal of Public participation  
in health care and health policy

Year/Date/Time

### Committees and Groups

Member in Policies and Strategies Committee – Al-Hussein Bin Talal University	Year 2024/2025
Rapporteur of the Comprehensive Examination Committee	Year 2024/2025
Member in School Scientific Research Committee	Year 2024/2025
Member in Nursing Department Scientific Research Committee	Year 2024/2025
Member in Nursing Department Post Graduate Studies Committee	Year 2024/2025
Member in School Academic Promotion Committee	Year 2024/2025

## PUBLICATIONS

1. **Al-Momani, M.**; AL-Barmawi, M., AL-Hadid, L., & ALJabery, A., Developing A tool that explores factors influencing the adoption of Evidence-Based principles in nursing practice in Jordan, Applied Nursing Research, Volume 32 Issue 2016, P 122-127
2. **Al-Momani M.**,AL-Hadid L., Al-Nawafleh H., & Nawafleh, A. (2017), Seeking care behavior of men with sexual dysfunction in Jordan; patients' perspective, Journal of Health, Medicine and Nursing, VOL 42, p185-195. ISSN 2422-8419
3. Nawafleh H. **Al-Momani M.**, Al-Hadid L., & Al-Amarat W. (2016), Misuse of Antibiotic Therapy among University Community in South Jordan, Health Science Journal; Vol 10 (6), P478
4. Nawafleh, H., M., Al Hadid, L., **Al-Momani, M** & AL-Barmawi, M. (2017). Measuring the psychometric properties of the Arabic version of the spirituality questionnaire among university students in South Jordan. Applied Nursing Research 39, p 115-120
5. Nawafleh, H., Abozead S., **Al-Momani M.**, Aaraj H., (2017), Investigating needle stick injuries: Incidence, knowledge and perception among South Jordanian nursing students. Journal of Nursing Education and Practice, Vol 8 (4), p 59-69

6. Al-Nawafleh H., Al-Hadid L., **Al-Momani M.** and Al-Sayeh (2018) The Prevalence of Psychosomatic Symptoms and Spirituality levels among University Students in South Jordan, *Health* Vol 10 (1), P 107-121. DOI: 10.4236/health.2018.101009.
7. Holland K and **Al-Momani, M** (2017), Men and health care in a multicultural society. Chapter 7, p115, In book titled; Cultural awareness in nursing and health care. London and New York. Third Ed. Taylor and Francis. ISBN 9781482245578
8. Al-Hussami M., **Al-Momani, M.**, Hammad S., Maharmeh, & M., Darawad, M. (2017). Patients' perception of the quality of life of nursing care and related hospital services, *Health and Primary Care*, Vol 1; Issue 2; P 1-6
9. Bashayreh, I, Batiha A., Saifan, A., Hamdan, F., Alrimawi, I., Abu Obead, K., **Al-Momani M.**, Daradkeh, S., Al-Halaiqa, F., (2017), Family-Witnessed during cardiopulmonary resuscitation. *Maternal Child and Family Health Journal*, Vol 1(1), p 1-9
10. Daradkeh, S., Batiha A., Saifan, A., Bashayreh, I, Hamdan, F., Alrimawi, I., Abu Obead, K., **Al-Momani M.**, Albashtawy, S., Albashtawy, B., Al-Halaiqa, F., (2017), Family members' views, opinions, and beliefs about witnessed resuscitation. *Community and Mental Health Journal*, Vol 1(1), p 1-6
11. Abdul-Monim Batiha, A., Saifan, A., Bashayreh, I., Daradkeh, S, **Al-Momani, M.**, AlBashtawi, S., & AlBashtawi, B. (2017), End of Life Care: Literature Review, *Adult Nursing Journal*, Vol 1 (1), p 1-8
12. Al-Ja'afreh, M., Al-Nawafleh, H., **Al-Momani, M.** Safety and quality management of pressure ulcers in a Jordanian public hospital: qualitative study, *Journal of Health, Medicine and Nursing* Vol 49, 2018.
13. Saifan, A., Bashayreh I, Batiha, A. Ghabeesh, S., Batiha, A., Alrimawi I. Al-Saireh, M. & **Al-Momani, M.**, (2019). Exploring factors among healthcare professionals that inhibit effective pain management in cancer patients, *Central European Journal of Nursing and Midwifery*, Vol 10 (1). P967-976. DOI: 10.15452/CEJNM.2019.10.0003
14. Ahmad Rajeh Saifan, Ibraheem Hassan Bashayreh, Suhair Hussni Al-Ghabeesh, Abdul-Monim Batiha, **Muwafaq Al-Momani** (2019) . Nurses' perspective towards caring for Jordanian men with sexual health problems; *Central European Journal of nursing and Midwifery*, Vol 10 (1). doi: 10.15452/CEJNM.2019.10.0003
15. Noordeen Shoaqir, Deema Mahasneh, Reham Khresheh, **Muwafaq M. Al-Momani**, (2020), Factors Influencing Patients' Experiences of Pain Management in the Emergency Department, *Canadian Journal of Nursing Research*, Vol 52 (1), DOI: 10.1177/0844562119851332
16. **Al-Momani M.**, Al-Ghabeesh S., Workplace Bullying in Nursing and Its Effect on Work Productivity: A Systematic Review, *Journal of Health Management* (**Accepted** 17/5/2022)
17. Al-Ghabeesh, S. and **Al-Momani, M.** Ibraheem Bashayreh, Ali Alshraifeen, Ahmad Saifan (2019), Nurses' perspective towards caring for Jordanian men with sexual health problems, *Journal of Men's Health* Vol 15(2).
18. **Al-Momani, M.** Al-Hadid L., Al-Nawafleh H., (2021), Measuring the effect of infection prevention and control education course on nurses' knowledge, attitudes, beliefs, and commitment; a Pre-Post intervention study (Submitted)
19. Ahmad Al-Nawafleh, **Muwafaq Al-Momani**, Fadwa Al-Halaiqa, (2022), Patient safety education: A perspective of Southern Jordan Nursing Students, *Mu'tah Lil-Buhuth Wad-Derasat: Natural and applied series*, Vol 37, No. 2

20. Al-Jaafreh, A. Saifan, A., Mosleh, S. Al-Yateem, N., **Al-Momani, M.** (2023), Experience of health professionals in caring for patients with chest Trauma; A qualitative study, Dimensions of Critical care Nursing Vol 42 (2); 153-152.
21. **Al-Momani M**, Alzghoul, M., Shogirat, N. (2025) Motivations, and Barriers to Choosing Nursing as a Profession by Jordanian Male Students: A Mixed Methods Study [Submitted to SAGE open Nursing]

## CONFERENCES AND WORKSHOPS

---

1. The Race to Address Health Inequalities by 2030: Community Nursing in the Lead; Understanding male nursing students' Experiences in Jordan: A mixed methods study on challenges, motivations, and cultural influences. April 15<sup>th</sup> 2025
2. European Community Action Scheme for the Mobility of University Students and Staff (Erasmus), One-day Workshop through Al-Hussein Bin Talal University, 24<sup>th</sup> May 2021
3. Class Administration and positive attitudes in teaching, a two-day course through Al-Hussein Bin Talal University, 15<sup>th</sup> and 16<sup>th</sup> March 2021
4. Second Scientific Day Titled "Toward Health Lifestyle: Nursing Challenges", 5th May 2016, Philadelphia University
5. Ninth Scientific Day; Community and Mental Health Nursing in the Light of Demographic Changes in Jordan, attendance and session moderator, 20th April 2016 Mutah University
6. International Nursing Conference INC 2916; Improving Clients' Outcomes through Implications of Scientific Evidence, 6-7 April 2016; Presentation title: "Factor Influencing Nurses Adopting Principles of Evidence Base: Tool Development and Validity. Zarqa Private University
7. Quality Clinical Training in Nursing Schools; May 21st, 2015. Philadelphia University
8. Fifth Scientific Day; Applying Nursing Process and health Care Quality, 24th April 2014 Jerash University
9. First Scientific Day; Enhancing Clinical Training for Nursing Students in the South, March 2014 – Head of the preparation committee Al-Hussein Bin Talal University
10. Qualitative Research Methods, Methodologies and Analysis, November 6th-7th 2013 Philadelphia University
11. Nursing Education: The current status and Future Frameworks; Jordan Nursing Council, October 10th, 2013 Jordan Nursing Council
12. Third Scientific Day; Nursing Education and Practice: Challenges and Suggested Remedies, April 11th, 2013. Isra University
13. Participation in a workshop with the Duquesne University on Strategies to improve and activate the role of teachers and students in classrooms and workplace, 2012 Al-Hussein Bin Talal University
14. Fourth Scientific day; Nursing Research in enhancing Nursing Jerash University
15. Strategies for Improving Student and Faculty Engagement in the Classroom and Clinical Setting: Workshop with partnership of Duquesne University and Al-Hussein University Maan- Jordan
16. The Faculty of Nursing Scientific day; Enhancing the quality of nursing care, University of Jordan, 5th June 2012- Attendance The University of Jordan
17. The Faculty of Nursing 8th Scientific day; Women and child health: safe life journey Mutah University

- 
18. The Faculty of Nursing 7th scientific day; Nursing Participation in Education, Research and Health Services, Mutah University/2nd April 2012- Presenter Mutah – Jordan
  19. Salford Postgraduate Annual Research Conference (SPARC) / June 2011 University of Salford, UK
  20. The fourth international nursing conference “Nursing Entering the 21st Century” 1999. The University of Jordan
  21. The Third International Nursing Conference “Nursing toward Year 2000” 1998. The University of Jordan

### **TRAINING RECEIVED**

---

1. Introduction to systematic reviews and meta-analysis/ Jan 2004 University of Nottingham-United Kingdom
2. Presentation Skills - 1.5 days/2004 University of Nottingham-United Kingdom
3. Planning research and time management – 0.5 day/2004 University of Nottingham United Kingdom
4. PowerPoint presentations – One day/2004 University of Nottingham-United Kingdom
5. Enhancing PowerPoint presentations – 0.5 days/2004 University of Nottingham-United Kingdom
6. Critical Analysis (1 and 2) / 2004 University of Nottingham-United Kingdom
7. Building database with access – One day/2004 University of Nottingham-United Kingdom
8. How to prepare effective poster presentation – (2\*0.5 days) /2004 University of Nottingham-United Kingdom
9. Introduction to Quantitative research – 2 days/2004 University of Nottingham-United Kingdom
10. Analysing interview transcripts – One day/ 2004 University of Nottingham-United Kingdom
11. Introduction to Endnote – One day/2007 University of Salford- United Kingdom
12. Qualitative data analysis using Nvivo 7 – 2 days/2008 University of Salford- United Kingdom
13. Research Ethics – One day/2008 University of Salford- United Kingdom
14. How to conduct interview – One day University of Salford- United Kingdom
15. Research Methods – Advanced Course University of Salford.
16. How to prepare and deliver successful conference presentations –One day/2008 University of Salford- United Kingdom.
17. Qualitative data analysis using Nvivo 8 (2 days) – 2009 University of Salford- United Kingdom
18. Introduction to Advanced statistics for data analysis - SPSS (Statistical Package of Social Science) – One day/2008 University of Salford- United Kingdom
19. Determinants of Factors Associated with Breast Cancer- (literature search, data collection, conducting interviews at the clients’ homes, and preliminary data analysis). The University of Jordan Nursing School.
20. Palestinian Refugees’ Adaptation to Life Stresses- descriptive study This study had been conducted with collaboration with the Jordanian-American Commission for Education Exchange. (semi-structured interviews The University of Jordan Nursing School.
21. An Indicators of Health Awareness among Jordanian population Complains and the confirmed related medical diagnosis: A descriptive study conducted with collaboration of

---

the University of Jordan and the Ministry of Health-Jordan. The University of Jordan Nursing School.

22. Preparing online questionnaires using Microsoft forms 2017. Al-Hussain Bin Talal University.
23. Class room administration and modern trends in teaching, 14/3/2021, Al-Hussein Bin Talal University
24. Academic exchange with European Universities, 24/5/2021, Al-Hussein Bin Talal University (ERASMUS+)
25. Endnote citation and referencing, 31/5-1/6/2021, Al-Hussein Bin Talal University
26. Good Clinical Practice from National Institute on Drug Abuse (National Drug Abuse Treatment Clinical Trial Network), 6-hours course, 29/1/2022

---

## LANGUAGES

Arabic	Mother tongue
English	Excellent